

Dietary Guidelines Advisory Committee Meeting  
March 8-10, 1999  
Waugh Auditorium, 1800 M Street, NW  
Washington, DC.

AGENDA<sup>1</sup>

Monday, March 8

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| 9:00 a.m.  | Welcome and Introduction<br>Cutberto Garza, Chair, DGAC   |
| 9:15 a.m.  | Oral testimony  |
| 10:45 a.m. | Break   |
| 11:00 a.m. | Oral testimony - resumes  |
| 12:30 p.m. | Lunch (Oral testimony -ends)  |
| 2:00 p.m.  | Expert Testimony I - Alcohol and Health<br>Enoch Gordis, Director, National Institute on Alcohol Abuse & Alcoholism                                 |
| 2:30 p.m.  | Expert Testimony II - Food Safety<br>Catherine E. Woteki, Under Secretary, Food Safety  |
| 3:00 p.m.  | Break   |
| 3:15 p.m.  | Eat a Variety of Foods - Presentation and Discussion<br>Suzanne Murphy  |
| 4:15 p.m.  | Issue I - Dietary Supplements - Presentation and Discussions<br>Alice Lichtenstein  |
| 4:45 p.m.  | Choose a Diet With Plenty of Grain Products, Vegetables, and Fruits -<br>Presentation and Discussion<br>Richard Deckelbaum (see March 9 transcript) |
| 5:15 p.m.  | Review of 2 <sup>nd</sup> Day Agenda<br>Cutberto Garza  |
| 5:45 p.m.  | Meeting Adjourns  |

<sup>1</sup>May be changed at the Chair's discretion

Tuesday, March 9

- 9:00 a.m. Expert Testimony III - Links between Fat, Fiber, and CHO Intakes and Risk of Cancer  
Tim Byers, Professor of Preventive Medicine, University of Colorado School of Medicine.
- 9:30 a.m. Choose a Diet Moderate in Sugars - Presentation and Discussions  
Rachel Johnson
- 10:00 a.m. Choose a Diet Moderate in Salt and Sodium - Presentation and Discussions  
Shiriki Kumanyika
- 10:30 a.m. Break
- 10:45 a.m. Balance the Food You Eat With Physical Activity - Maintain or Improve your Weight - Presentation and Discussion  
Roland Weinsier
- 11:15 a.m. Choose a Diet Low in Fat, Saturated Fat, and Cholesterol - Presentation and Discussions  
Scott Grundy
- 11:45 a.m. If You Drink Alcoholic Beverages, Do So in Moderation - Presentation and Discussions  
Meir Stampfer
- 12:15 p.m. Lunch
- 1:45 p.m. Issue II - Food Safety - Presentation and Discussions  
Johanna Dwyer
- 2:15 p.m. Review of 3<sup>rd</sup> day Agenda  
Cutberto Garza
- 2:45 p.m. Meeting Adjourns

<sup>1</sup>May be changed at the Chair's discretion

Wednesday, March 10

- 9:00 a.m.      Eat a Variety of Foods - Presentation of Outlines, Options, and Assignments  
Suzanne Murphy
- 9:25 a.m.      Balance the Food You Eat With Physical Activity - Maintain or Improve your  
Weight - Presentation of Outlines, Options, and Assignments  
Roland Weinsier
- 9:50 a.m.      Choose a Diet With Plenty of Grain Products, Vegetables, and Fruits -  
Presentation of Outlines, Options, and Assignments  
Richard Deckelbaum
- 10:15 a.m.     Choose a Diet Low in Fat, Saturated Fat, and Cholesterol - Presentation of  
Outlines, Options, and Assignments  
Scott Grundy
- 10:40 a.m.     Break
- 10:55 a.m.     Choose a Diet Moderate in Sugars - Presentation of Outlines, Options, and  
Assignments  
Rachel Johnson
- 11:20 a.m.     Choose a Diet Moderate in Salt and Sodium - Presentation of Outlines,  
Options, and Assignments  
Shiriki Kumanyika
- 11:45 a.m.     If You Drink Alcoholic Beverages, Do So in Moderation - Presentation of  
Outlines, Options, and Assignments  
Meir Stampfer
- 12:10 p.m.     Issue I - Dietary Supplements - Presentation of Outlines, Options, and  
Assignments  
Alice Lichtenstein
- 12:35 a.m.     Issue II - Food Safety - Presentation of Outlines, Options, and Assignments  
Johanna Dwyer
- 1:00 p.m.      Lunch
- 2:15 p.m.      Discussions on Report Format  
Cutberto Garza
- 3:30 p.m.      Meeting Adjourns

<sup>1</sup>May be changed at the Chair's discretion